



## **Scaling-up integrated care:**

### **A workshop to explore opportunities for capacity building, technical support and twinning**

**ICICI 19: Wednesday, 3<sup>rd</sup> April 12:30 – 13:30**

#### **Introduction**

Capacity can be defined as the ability of individuals and organisations or organisational units to perform functions effectively, efficiently and sustainably. Capacity building is an evidence-driven process of strengthening the abilities of individuals, organisations, and systems to perform core functions sustainably, and to enable continuous improvement and development over time.

Evidence from integrated care programmes and projects, particularly those whose ambition is for system-wide and integrated ways of working to become the norm, often highlights the need for more attention to be given to workforce knowledge, skills and attitudes as well as a focus on specific building blocks for successful integrated care service delivery.

Three projects funded under the EU Health Programme and H2020 aim at providing technical assistance to care authorities in developing capacity to implement and scale-up integrated care programmes and solutions: VIGOUR, DigitalHealthEurope and Scirocco Exchange.

The workshop is a unique opportunity for regions and care authorities involved in the three projects (and beyond) to share their demand for technical assistance and to explore twinning opportunities. Regions and care authorities involved in the three projects will identify potential topics of interest for twinning prior to the conference and from their participation as a delegate in the conference. These topics will be shared during the workshop and discussions on which regions are interested and the draft objectives of the various twinings will be explored jointly to inform the development of the projects' twinning activities.

#### **Vigour-Evidence based Guidance to Scale-up Integrated Care in Europe**

VIGOUR will effectively support care authorities in progressing the transformation of their health and care systems to provide sustainable models for integrated care which will facilitate identification of good practice and scaling-up. This will be achieved through the delivery of an evidence based integrated care support programme. The programme is designed to understand and guide 16 care authorities through a staged process of analysis, advice on good practice and training in care system capacity and capability building and implementation approaches at the operational, organisational and strategic levels of stakeholders involved in different localities throughout Europe. In practice, care authorities will be supported in focussing their care integration ambitions and in operationally preparing the implementation of good practice suitably aligned to any prevailing local circumstances. Finally, they will be supported in rolling out these practices to at least one percent of their overall target population in the framework of local scaling-up projects as an integral part of project plans. Knowledge exchange and mutual learning throughout this process will be enhanced by a twinning scheme bringing together VIGOUR “pioneer” care authorities with “followers”. Further care authorities will benefit from the experiences gained by the VIGOUR participants throughout the staged scaling-up process in terms of dedicated webinar and podcast programmes.



## Scirocco Exchange

The SCIROCCO Exchange project aims to support the readiness and capacity of health and social care authorities for the adoption and scaling-up of integrated care. To support this process effectively, it is important to recognise that local environments for the adoption of integrated care will have very different starting points, or levels of maturity. As such, they will require different levels of support for the transition to integrated care and/or improvement of their existing system design. SCIROCCO Exchange has the ambition to develop supporting infrastructure that will deliver personalised capacity-building support by:

- Facilitating the assessment of local maturity for the adoption of integrated care in order to better understand the needs and priorities of regions / authorities.
- Co-designing personalised assistance (Knowledge Transfer Programme) such as awareness raising, mentoring, twinning actions and expertise / skills-building (exchange of staff, secondment visits, etc.)
- Utilising the outcomes of capacity-building activities to co-design Improvement Plans that are tailored to the local maturity and aspirations of participating regions / authorities.
- Developing a Knowledge Management Hub to act as an integrator of existing evidence on integrated care and facilitator of easier access to personalised capacity-building support.

As a result, the health and care authorities should be able to demonstrate improved knowledge, expertise and capacity to design, implement and evaluate integrated care, including the mobilisation of investment and resources.

## Digital Health Europe

[DigitalHealthEurope](#) will launch an open call for twinings as part of a twinning scheme that supports the Digital Single Market's three priorities for the digital transformation of health and care outlined in the European Commission Communication 2018:

- citizens' secure access to and sharing of health data across borders
- better data to advance research, disease prevention and personalised health and care
- digital tools for citizen empowerment and person-centred care

These priorities cover a broad range of topics suitable for twinings. More details about the priorities can be found [here](#).

Funding and organisational support will be provided to more than 45 twinning opportunities between more than 90 organisations. The twinning activities will take place between September 2019-August 2020.

Participation in the twinings is open to regional government bodies and health and care providers, or organisations that have an established contractual or other legal link to those bodies/providers. ICIC19 participants can use the opportunity to identify suitable twinning partners and begin preparation for the call.

Additional details about the DigitalHealthEurope twinning scheme can be found [here](#).

Time	Title	Presenter
12:30 – 12:35	Welcome and outline of the workshop agenda	Anne-Marie Yazbeck, CHAFEA Leo Lewis, International Foundation for Integrated Care
12:35 – 12:45	Short introduction to different capacity building, technical support and twinning opportunities	
	Vigour Scirocco Exchange  Digital Health Europe	Sonja Müller, empirica Andrea Pavlickova, Scottish Government Scotland Strahil Birov, empirica
12:45 – 13:05	Presentation of experiences and lessons learned: <ul style="list-style-type: none"> <li>• Region who has received capacity building/technical support : Basque Country</li> <li>• Andalusia, that has replicated an innovation through a twinning activity</li> </ul>	Jon Txarramendieta Suarez, Konikune- International Centre of Excellence in Chronicity Research  Ana Maria Carriazo, Andalusia region
13:05 – 13:25	Small group discussion to: <ul style="list-style-type: none"> <li>• Identify work undertaken in other regions and countries which may be of relevance</li> <li>• Explore whether regions have similar needs for capacity building, technical support and twinning</li> </ul>	Moderators: Leo Lewis, IFIC Donna Henderson , Scottish Government Scotland Maddalena Ilario, Campania region
13:25 – 13:30	Small group feedback to inform each project's future activities	Group rapporteurs